

Carthage Family Fitness  
103 Randolph  
Carthage, IL 62321

*Carthage Tang Soo Do*

**Date: Tuesdays & Thursdays**

**Times:**

**Little Dragons [ages 5-7] (6:30-7:00pm)**

**Young Dragons [ages 8-10] (6:30-7:30pm)**

**Adults [ages 11 and up] (7:30-9:00pm)**

# Tang Soo Do Martial Arts



Stop by Carthage Family Fitness on a Tuesday or Thursday and watch the Tang Soo Do class train. Tang Soo Do is a Korean Martial art with emphasis on Self-Defense, Health and personal betterment thru endurance and hard work. **Newcomers are encouraged to participate in one free class to see if Martial Arts are for you!**

Visit <http://www.carthagetangsoodo.com>

Chief Instructor: Michael J. DePew - Sam Dan (3rd Degree Black Belt)

Instructor: Susanne Depew - E Dan (2nd Degree Black Belt)

Instructor: Pete Dever - E Dan (2nd Degree Black Belt)

Instructor: John Chandler - Cho Dan

Jr Instructor: Todd Potter - Cho Dan

Jr Instructor: Dylan Chandler - Cho Dan

Jr Instructor: Jeff Leon - Cho Dan

**Carthage Family Fitness**

**103 Randolph**

**Carthage, IL 62321**

**Phone: 217-357-2739**

Email: [director@carthagefamilyfitness.com](mailto:director@carthagefamilyfitness.com)

Or [Michael.Depew@CarthageTangSooDo.com](mailto:Michael.Depew@CarthageTangSooDo.com)



**CarthageTangSooDo**  
**.com**